

The same 21st-century neuroscience practiced by astronauts, artists, West Point cadets, and peak-performing athletes, academics, and professionals is now available to you. Neurofeedback can prepare you for the important tests in life. . . .

_ Admissions Tests : SAT, ACT, GRE, MCAT, LSAT, GMAT
_ Professional licensure
_ Tryouts
_ Auditions
_ Competitions
_ Presentations

- **Canadian Pro Golf Circuit 2010**- Josh Habig finishes 6th overall in 2010 after training with Neuroptimal Neurofeedback, incredibly improved from his 43rd standing overall in 2009.
- **In an exemplary 2005 study** in Hartford, Connecticut, second test SAT scores improved by 233, 180, and 136 points for three individuals following 10 half-hour neurofeedback sessions. (Educational Testing Service data showed that taking the SAT test a second time after 10 sessions resulted in an average 14 point increase in the repeated test score.)
- **October 2006 *The Independent*** (London), presented an article describing psychologist John Gruzelier's test of neurofeedback's efficacy on 100 students at London's Royal College of Music. "Professionally, improvements in dance are seen within five weeks." Gruzelier says. "It is similar to a fast track to meditation, but more directed. Socially anxious students become more confident and outgoing. It's not an invasive treatment, just readjusting what is already in the head." In another research effort, Gruzelier found neurofeedback to improve ability and confidence in 20 English eye surgeon trainees. Gruzelier suggests that neurofeedback should be available to everyone.
- **Award-winning pianist** Cassie Yukawa, 25, had ten neurofeedback sessions seven years ago, and believes in it. "It has had a wonderful impact on my life, enhancing my general feeling of wellbeing," she says. "And I have no doubt that it has had a positive effect on my performances. It is about a state of mind; I am now far more willing to be flexible in my playing. It enabled me to think about and explore performance. "Things can go wrong, which can be distressing. But now I am more able to let go and respond, so I don't spend time just trying to get through to the end of the piece, but can transform those blips into something positive."
- **"Members of Italy's World Cup – winning soccer team...a starting quarterback in the NFL...They've all turned to neurofeedback, a technique that promises to help athletes reprogram their brains so they can reach a zone of relaxed concentration during clutch situations."**
- ***Wall Street Journal*, July 29, 2006 ". . .neurofeedback will** some day be the norm for PGA Tour Pros." Gio Valiante, sports psychologist to a number of top golfers.